

2nd Annual International Symposium on **Diabetes and Ramadan**

7th May 2016 - Radisson Blu Hotel Şişli, İstanbul - Turkey



In collaboration with



TURKISH DIABETES FOUNDATION

2nd Annual International Symposium on Diabetes and Ramadan

7th May 2016 - Radisson Blu Hotel Şişli, Istanbul - Turkey

08.00 - 09.00 Registration

Chairpersons: *Mahmoud Ibrahim, USA - M. Temel Yılmaz, Turkey*

09.00 - 09.30 Opening Ceremony

09.30 - 10.00 Pathophysiology of fasting

Ebtesam Ba Essa, Saudi Arabia

10.00 - 10.25 Impact of an Individualized Type 2
Diabetes Education Program on Clinical
Outcomes during Ramadan

Jaakko Tuomilehto, Finland

10.25 - 10.50 Optimizing the body weight during Ramadan

Abdulla Ben Nakhi, Kuwait

10.50 - 11.10 Coffee break

Chairpersons: *Erman Tuncer, Turkey - Hasan İlkova, Turkey*

11.10 - 11.30 Oral antidiabetic treatment during Ramadan fasting

Mustafa Kemal Balcı, Turkey

11.30 - 11.50 Ramadan fasting in type 2 diabetic patients
on insulin treatment

Selçuk Dağdelen, Turkey

11.50 - 12.10 Hypoglycemia during Ramadan

Shabeen Naz Massoud, Pakistan

12.10 - 12.20 Break

12.20 - 12.55 Corporate Symposium I

Chairperson: *M. Temel Yılmaz, Turkey*

Unmet needs of fasting T2DM patients and
LIRA-RAMADAN trial

Akram Eghtay

12.55 - 13.35 Lunch

Chairpersons: *Nazif Bağrıaçık, Turkey - Ahmet Kaya, Turkey*

13.35 - 13.55 Ramadan Fasting in Diabetics with liver disease

Megahid Abu Al Magd, Egypt

13.55 - 14.15 Ramadan Fasting in Diabetics with kidney disease

Serhat Azizlerli, Turkey

14.15 - 14.35 Diabetes and Ramadan, an Egyptian Perspective

Inass Shaltout, Egypt

14.35 - 14.55 Diabetes and Ramadan in Turkey

Şehnaz Karadeniz, Turkey

14.55 - 15.15 Break

Chairpersons: *Fikret Sipahioğlu, Turkey - Kubilay Karşıdağ, Turkey*

15.15 - 15.35 Ramadan recent publications

Monira Al Arouj, Kuwait

15.35 - 16.00 What should we do to achieve a safer fasting?
Recommendations for Management of Diabetes
during Ramadan, Update 2015

Mahmoud Ibrahim, USA

16.00 - 16.30 Corporate Symposium II